Steps Educators Can Take To Prevent Bullying

USE DATA AND INSIGHT TO GUIDE ACTION

- Conduct surveys or questionnaires to understand where, when, and how bullying occurs
- Run periodic awareness campaigns to keep the issue visible and encourage ongoing dialogue



Steps Educators Can Take To Prevent Bullying

MAKE STUDENTS PART OF THE SOLUTION

Encourage them to:

- Help define what a bully-free classroom looks like.
- Contribute to awareness campaigns
- Use anonymous reporting tools



Steps Educators Can Take To Prevent Bullying

MONITOR HOT SPOTS AND CREATE BULLY-FREE ZONES

- Assign peer or adult monitors hot spots
- Rotate staff to ensure all areas are covered
- Train older students to be peer counselors



Steps Educators Can Take To Prevent Bullying

FOSTER A POSITIVE CLASSROOM CULTURE

- Co-create clear expectations with students.
- Hold regular discussions.
- Use “problem boxes” or class meetings
- Use cooperative learning projects that build teamwork and empathy



Steps Educators Can Take To Prevent Bullying

EQUIP STUDENTS WITH SKILLS TO RESPOND TO BULLYING

- Teach empathy and perspective-taking
- Model conflict-resolution skills and alternative ways to manage disagreements
- Encourage bystanders to act



Steps Educators Can Take To Prevent Bullying

ADDRESS CYBERBULLYING HEAD-ON

- Teach digital literacy and online etiquette, including privacy settings, responsible posting, and recognizing harassment online
- Stay up-to-date on popular apps to help guide them in responsible online behavior



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